

Perfecting Performance with Pilates Workshop Overview

Event Dates: May 14, 15, & 16, 2010

Location:

The Jaeckle Centre
100 Saddle Springs Blvd. Thompson's Station, TN 37179

Event Registration Dates:

Open April 1, 2010
Close May 1, 2010*

***Pre-paid Clinic Entries received by Friday, April 30th get FREE STABLING!** After May 1, registering Clinic Participants with horses responsible for payment of Stabling Day Fees noted below

Send Entries to:

Drea Gunness, General Manager
The Jaeckle Centre
100 Saddle Springs Blvd.
Thompson's Station, TN 37179
Email: dgunness@jaecklecentre.com
Fax: 615-368-3461

Clinician:

Janice Dulak, Champaign, IL, Master Instructor Trainer
Julee Jones, Liepers Fork, TN Clinic Assistant

Fees:

\$350.00 includes Rider with Horse
\$175.00 Rider without Horse
\$35.00 Auditors per day
\$55.00 Stall Fee per day (May 14, May 15, May 16)
Additional night stabling @ \$55.00 per night.
Grounds Fee: Waived. Camping: Not Permitted. Turnout Paddocks: Not available at this time. Please make checks payable to The Jaeckle Centre.
No refunds for cancellations. Be prepared to present current Coggins upon check-in with horse. Stalls are provided and furnished with shavings; no other bedding substituted.

Schedule:

Check-In: Stalls open at 8:00 AM Friday May 14

Check-Out: Stalls close by 8 PM Sunday, May 16

If you need alternate arrangements, please notify Barn Manager and note your requirements on **STABLE FORM**.

Stabling:

\$55.00 per day (unless pre-paid Clinic Registration forms received by April 30, 2010. These are deluxe permanent stalls with doors; no temporary stalls.

Suggested Accommodations:

Marriott Courtyard Cool Springs

2001 Meridian Boulevard

Franklin, TN 37067

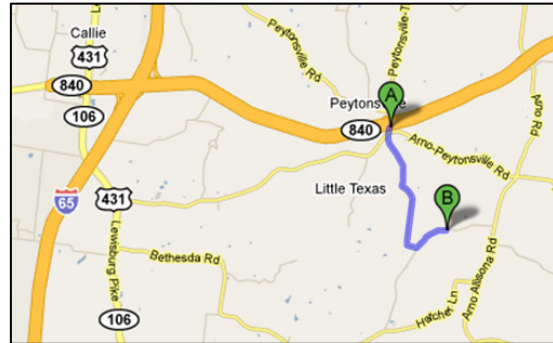
(615) 778-0080

Aloft Cool Springs

7109 South Springs Drive

Franklin, TN 37067

(615) 435-8700



Directions:

From I-65

Take exit 59-A TN-840 E towards Knoxville. Take exit 34 marked Peytonsville/Trinity Road; take Right off ramp. At stop sign, cross through intersection – you are on Cool Springs Road. Stay on Cool Springs Road until you reach the first stop sign; turn Left onto Bethesda Arno Road. Travel 370 feet and turn Left into Saddle Springs Estates. The Jaeckle Centre is directly ahead.

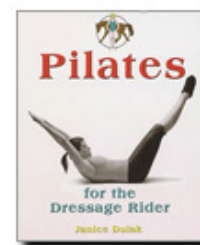
From Murfreesboro

Take I-24 to TN-840 W towards Franklin.

Take exit 34 marked Peytonsville/Trinity Road; take Left off ramp. At stop sign, cross through intersection – you are on Cool Springs Road. Stay on Cool Springs Road until you reach the first stop sign; turn Left onto Bethesda Arno Road. Travel 370 feet and turn Left into Saddle Springs Estates. The Jaeckle Centre is directly ahead.

Other Information:

Any and all dogs **MUST** be leashed and have current vaccination documentation to be permitted to the facility. No Smoking! Changing rooms and showers are available in the Ladies and Men's Locker Rooms. Night Watch is provided as a complimentary service to Clinic participants.



Perfecting Performance with Pilates Clinic Schedule

Friday - May 14

5:00 – 6:00pm	Power Point Introduction
6:00 – 7:00pm	Mat Class
7:00 – 8:00pm	Dinner & Tour of Facility

Saturday - May 15

9:00 – 11:00am	Mat Class
11:00 – 12:00pm	Boxed Lunch (Furnished)
12:00 – 5:00pm	Mounted Lessons (groups of 3)

Sunday - May 16

8:30 – 10:30am	Mat Class
10:30 – 12:30pm	Mounted Lessons
12:30 – 1:00	Boxed Lunch (Furnished)
1:00 – 4:30pm	Mounted Lessons
4:30 – 5:00pm	Q&A Session, Wrap-Up